



# Holy Trinity and St. Anne Ukrainian Catholic Churches



Holy Trinity Church  
526 West Rayen Avenue  
Youngstown, Ohio 44502  
E-mail: yngholytrinity@att.net  
Website: www.holytrinityucc.com

**Administrator:**  
**Rev. Fr. Lubomir Zhybak**  
330-888-8881 (cell)  
E-mail: zhybak@hotmail.com

**Rev. Protodeacon Donald Billy**

**Administrative Assistant:**  
**Dean Chance**

St. Anne Church  
4310 Kirk Road  
Austintown, Ohio 44511  
E-mail: yngholytrinity@att.net  
Website: www.stanneucc.com

Office Hours: M-F in-person  
by appointment only  
Office: 330-744-5820  
Social Hall/Pyrohy: 330-746-9528

Social Hall: 330-799-0084  
Operations Manager: 330-792-8555

Confessions: Every Sunday  
15 minutes prior to Divine Liturgy  
(Other times available by appointment)

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15 minutes prior to Divine Liturgy  
(Other times available by appointment)

## Sunday, March 19, 2023

4th Sunday of the Great Fast: St. John Climacus

Tones: 8 & Festive

Epistles: Hebrews 6:13-20; Ephesians 5:8-19

Gospels: Mark 9:17-31; Matthew 4:25-5:12

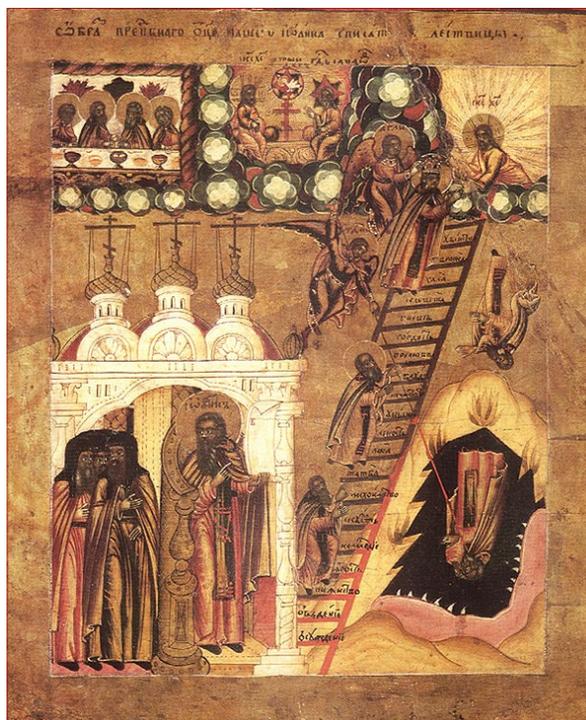
### Liturgical Greetings

#### Greeting:

"Glory to Jesus Christ!"  
"Slava Isusu Khrystu!"

#### Response:

"Glory Forever!"  
"Slava Na Veeky!"



Source: Orthodox Church in America (oca.org). Used with permission.

### Next Sunday:

March 26, 2023

5th Sunday of the Great Fast;  
Synaxis of the Holy  
Archangel Gabriel

Tones: 1 & Festive

Epistles: Hebrews 9:11-14; 2:2-10  
Gospels: Mark 10:32-45;  
Luke 10:16-21

4th Sunday of the Great Fast: St. John Climacus (March 19th)

| Day:  | Date:  | Place:            | Time:  | Intention:   | Offered/Requested By: | Cantor(s)/Reader(s): |
|---|--------|-------------------|--------|--|-----------------------|----------------------|
| <b>4th Sunday of the Great Fast: St. John Climacus</b>                      |        |                   |        |  |                       |                      |
| Sun   | Mar 19 | SA                | 8:30a  | Divine Liturgy of St. Basil the Great for the Parishioners of St. Anne Church  |                       | P. Nachim            |
|   |        | HT                | 10:30a | Praying of the Holy Rosary   |                       | J. Bodak             |
|   |        |                   | 11:00a | Divine Liturgy of St. Basil the Great for the Parishioners of Holy Trinity Church  |                       | K. Kreuzwieser       |
| Mon   | Mar 20 | <b>No Service</b> |        |  |                       |                      |
| Tue   | Mar 21 | HT                | 9:00a  | Typica for the Deceased  |                       | J. Bodak             |
| Wed   | Mar 22 | SA                | 5:00p  | Divine Liturgy of the Presanctified Gifts for Peace and Justice in Ukraine   |                       | J. Bodak/J. Billy    |
| Thu   | Mar 23 | HT                | 9:00a  | Typica for the Deceased  |                       | M. Woloszyn          |
| Fri   | Mar 24 | HT                | 5:00p  | Divine Liturgy of the Presanctified Gifts for Peace and Justice in Ukraine   |                       | Choir                |
| Sat   | Mar 25 | HT                | 9:00a  | <b>Annunciation of the Most Holy Theotokos - Akathistos Saturday</b><br>Divine Liturgy of St. John Chrysostom for the Parishioners of Both Churches followed by the Akathist to the Most Holy Theotokos of Fatima for Peace and Justice in Ukraine |                       | Choir                |
| <b>5th Sunday of the Great Fast - Synaxis of the Holy Archangel Gabriel</b> |        |                   |        |  |                       |                      |
| Sun   | Mar 26 | SA                | 8:30a  | Divine Liturgy of St. Basil the Great in private intention(s)*   |                       | P. Machingo          |
|   |        | HT                | 10:30a | Praying of the Holy Rosary   |                       | J. Bodak             |
|   |        |                   | 11:00a | Divine Liturgy of St. Basil the Great for the Parishioners of Both Churches  |                       | J. Kicz              |

\*Fr. Lubomir Zhybak's private intention(s)

### Prayer Requests

**Holy Trinity Church:** Ann Blazina, Andrea Curran, John Fecych, Ann Karnofel, Dan Malarcik, Yvonne Mudryk, James Pirko, Marie Schuller, and *the health of all of our parishioners*

**St. Anne Church:** Joseph Belasco, Joyce Budinsky, Carole Elias, Roger Elias, Susan Kurtiak, Fr. Ignatius, Louis Mancini, Margaret Rodomsky, Al Stevens, Ann Stevens, Josie Timlin, Helen Yurchison, and *the health of all of our parishioners*

**Clergy:** Bishop Josyf Milyan, Fr. Louis, Fr. Jeff, and Msgr. Martin Canavan

**Non-Parishioners:** Kennedy Eater, Mark F., Dawn Howard, Yaroslava, Myroslava, Halyna, Petro, Nadiya, Mylan, Yaremiya, Zoryana, Mariya, Connor, Claire, Mark, Christine, Dave Kishton, Fr. Andrzej, Judy Lepore, Jimi Stevens, Carol Martyn Dow, Tonja Delaine, Joann Panko, Kateryna Bolshahova, Andriy Y., William J. Smith, and Jim

*Our very Best Wishes and Blessings to our dear Parishioners celebrating their life milestones this week.*

### **Holy Trinity Church**

Mar 21: **Michael Yourstowsky** Mar 22: **Mark Moran**

Mar 22: **John Terlesky** Mar 24: **Irene Kinloch**

Mar 24: **Christina Pierko** Mar 25: **Matthew Woak**

Mar 26: **Beth Humeniuk** Mar 26: **John Scrip**

### **St. Anne Church**

Mar 22: **Marissa Centafanti**

*Na Mnohaya ee Blahaya Leeta!*

### **\*\*\*Important\*\*\***

In cases of an imminent death of a family member, please do not wait until the last minute for the pastor to administer last rites to the dying. Please call immediately. Thank you!

### **Easter Flower Submissions**

Please continue to submit your Easter flower memorial lists.

### **Prayer Group Welcomes the Public to Pray for Ukraine**

A prayer group praying for Ukraine, which involves several individuals from our parishes, continues to meet weekly on Tuesdays at the Shrine of Our Lady Comforter of the Afflicted from 9:15-10:15a. You are both welcome and strongly encouraged to attend this group's weekly event. As a reminder, the Shrine is located at 517 S. Belle Vista Ave. in Youngstown.

### **Holy Trinity Church Financials for the Week Ending March 12, 2023**

|                            |                            |
|----------------------------|----------------------------|
| Candle/Misc. Off: \$109.00 | Sunday Social: \$60.00     |
| Weekly Offering: \$969.00  | Easter Plants: \$20.00     |
| Dues: \$105.00             | Repairs/Maint: \$10.00     |
| Bulletin: \$20.00          | <b>Deposit: \$3,118.00</b> |
| St. Anne Reimb: \$1,825.00 | Attendance: 35             |

My dear Friends,

### Glory to Jesus Christ!

Blessed Fourth Sunday of Lent (St. John Climacus) to all of you and your loved ones! I trust that my message found everyone well and sound and that you have been having a spiritually fruitful Lent.

On behalf of our two parish communities and myself, I would like to express my warmest and most **heartfelt congratulations to Rocky David *Holokai Pihoihoi* Patoray on his partaking in the Holy Mysteries of Initiation: Baptism, Chrismation, and the Most Holy Eucharist last Sunday, March 12<sup>th</sup> at St. Anne Church!** Congratulations likewise to Rocky's family, godparents, relatives, and friends! As we welcome Rocky to the Ukrainian Catholic Church, let us pray that the Triune Lord: The Father, The Son, and The Holy Spirit, Who adopted him as His newly illumined child, may bless Rocky with the overabundance of His graces through the intercession of His Most Holy Mother and all the Holy Angels and Saints for many, healthy, and happy years! Heartfelt congratulations!

As I informed you before, I am away from March 17<sup>th</sup> till March 19<sup>th</sup> giving a Lenten Retreat at the Pokrova Ukrainian Catholic Church in Parma, OH. Hence, I would like to welcome back to both of our parishes Fr. John Chirovsky who is substituting for me at both churches today.

Since on March 25<sup>th</sup> we are celebrating the feast of the Annunciation of the Most Holy Theotokos, we'll have on this day a Divine Liturgy of St. John Chrysostom for the parishioners of both of our parishes followed by the Akathist to the Most Holy Theotokos of Fatima for peace and justice in Ukraine at 9:00 am at Holy Trinity Church. Moreover, starting Friday night, March 24<sup>th</sup> until Sunday afternoon, March 26<sup>th</sup>, the Pilgrim Virgin Icon of Our Lady of Fatima will be present at Holy Trinity Church courtesy of Katie Moran, a parishioner of St. Anne Church, who is The World Apostolate of Fatima Byzantine Division's custodian of the icon and to whom I would like to express **special thankfulness** for this.

**Sadly, the situation in Ukraine still remains grave.** My native land is still under a heavy attack from the side of Russia and whoever else sides with it in this horrible war... So many victims, including innocent children... How much longer will this bloodshed last? Right now, the People of Ukraine are being crucified... in fact, it is Christ Himself Who is being crucified again... Yet, life does not end with death! After the crucifixion and death comes resurrection! The resurrection will come for Ukraine as well! Our risen Lord continues to embrace all people, who grieve due to having lost their loved ones because of the war in Ukraine, asking them to have faith in Him and not be afraid, for one day they will see their loved ones again, as this is a temporary absence. Jesus is telling the whole world just as He addressed His beloved friend Lazarus' sister Martha before Christ brought Lazarus back to life: "I am the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die. Do you believe this?" (John 11:25-26 (NRSVCE)). Lord Jesus, we believe in You, give us life eternal!

In the meantime, let us continue to ***pray and act* for the end of the war in Ukraine as well as for the conversion of Ukraine's aggressors** and, as a Ukrainian citizen, I'd like to tell all of you: THANK YOU FOR YOUR SUPPORT OF OUR SUFFERING BROTHERS AND SISTERS IN UKRAINE! Ukraine direly needs our help right now! If you would like to **help financially** your brothers and sisters in Ukraine, please **see a separate notice in the bulletin of how you can help**. No amount is too small, yet please be generous, and I thank you in advance for your munificence! May our Good Lord reward you manifold for it in this life and in the life to come!

- If any of you, who are homebound, would like to participate in the **Holy Sacraments**, kindly call the parish office at 330-744-5820 to make arrangements.
- I would like to encourage you to pray (*daily if you can*) the prayers from the **Prayer Corner**.
- I would like to thank **Debbie Patoray from Holy Trinity Church** as well as **Carole Elias from St. Anne Church for having taken care of the decorating of the tetrapod crosses at both churches** for Sunday of the Veneration of the Holy Cross (last Sunday) and the following week.
- If you would like to include your deceased loved ones in the liturgical services this year on **All Souls Saturday on May 27<sup>th</sup>** as well as in the services and prayers for the deceased during Lent (**Sorokousty**), kindly provide their names to me (*please print/type clearly*).
- We have **Super Cash Bonanza charity tickets** from the Ohio State Council of the Knights of Columbus for sale. They are \$5.00 each (over \$108,000.00 in cash prizes) and all proceeds will be used towards local charities. For every ticket sold

(over)

in our two parishes, \$3.00 will go to the Knights of Columbus and \$2.00 will be kept by a parish. **Please purchase your tickets by May 9<sup>th</sup>; drawing date: May 20<sup>th</sup>.** Please consider buying them as both of our parishes can benefit from it. Thank you! For more information online, please go to: <https://kofcoho.org/programs/super-cash-bonanza/>.

- We are continuing collecting certain needed items at both parishes for a local branch of the **Society of St. Vincent de Paul**. You'll find a special box for the items at each church. Please be generous and thank you for your benevolence! **Thank you also to those who already donated the needed items!** If you would like to make a monetary donation, you may do so either online at <https://www.mahoningsvdp.com/product-category/donation-levels/> or by mailing your check to:

Mahoning County St. Vincent de Paul Society, P.O. Box 224, Youngstown, OH 44501

The organization likewise offers volunteering opportunities. For more information, please go to <https://www.mahoningsvdp.com/> or call (330) 333-3601.

- Let's continue to **keep in our prayers all people who are on the prayer lists, especially the sick**. May our Triune God: The Father, The Son, and The Holy Spirit bless all of them through the intercession of His and our Most Holy Mother and all the Holy Angels and Saints!
- Our weekly bulletins are available online at both churches' websites ([www.holytrinityucc.com](http://www.holytrinityucc.com) and [www.stanneucc.com](http://www.stanneucc.com)). Thank you!
- Furthermore, I would like to thank those of you, who have been sending us your donations. If you still cannot come to your parish church at this time, please continue to support it by sending us your weekly donations to each respectful church (see the church addresses in the bulletin) and I thank you very much for your support of our parishes!
- Should there be anything else that needs my or Dean's attention, please let us know at once.

May our Triune Lord: The Father, The Son, and The Holy Spirit continue to bless all of us in the world! May He help us stop all wars and conflicts on earth, especially the current war in Ukraine! May He protect everyone who is on the front lines defending his or her country's freedom! May He convert the hearts of all aggressors in the world! May He rest in peace the souls of all people on earth, who already died from these wars and conflicts, giving consolation to the families, relatives, and friends they left behind! Likewise, may our Lord protect each of us from all illnesses, especially the coronavirus disease! May He heal all the people in the world, who are infected with it! May He protect all people on earth who are on the front lines in the fight against it as well as everyone who works in public places! May He rest in peace the souls of all people in the world, who died from this and other diseases, giving consolation to the families, relatives, and friends they left behind! May our Lord our fill your hearts and the hearts of your loved ones with the authentic joy and peace that only He can give and may He always protect all of us here in America as well as our beloved people of Ukraine, helping us to end the war there! Let us present all of these petitions to our Lord through the intercession of the Most Holy Theotokos and all the Holy Angels and Saints!

Have a blessed Sunday, blessed feast of the Annunciation of the Most Holy Theotokos on March 25<sup>th</sup>, blessed week, and a spiritually fruitful Lent! May our Lord always bless America, Ukraine, and the rest of the world!

**Слава Ісусу Христу!**

With prayers in the Triune Lord and the Theotokos,



### **Holy Trinity Easter Bread Baking**

Orders will be taken by: **Marlene Antonchak @ 330-539-4730**

Date: **April 1, 2023**

Cost: **\$7 for plain and \$8 for raisin**

As always, some things to be aware of:

1. Baking will be limited and once orders are full, no additional orders will be taken.
2. Please do not give your order to anyone other than Marlene. We cannot guarantee availability if you do.

**Volunteers Wanted (and Appreciated!)**

## Ukrainian Catholic Eparchy of St. Josaphat in Parma Held an Annual Lenten Youth Lock-In Retreat

On March 11-12, 2023, Pokrova Ukrainian Catholic Church in Parma, Ohio of the Eparchy of St. Josaphat in Parma hosted an annual Lenten Lock-In Retreat for youth. This year's theme of the spiritual renewal was "Our Lord's Gift to Us: His Very Self" taken from "No one has greater love than this, to lay down one's life for one's friends" as found in John 15:13 (NRSVCE).



*Photo: Courtesy of Rev. Deacon Andriy Harmatiy. Used with permission.*

Over 40 youth, young adults, youth leaders, chaperones, and clergy gathered for the annual youth Lock-In Retreat of the Eparchy of St. Josaphat in Parma under the leadership of its eparch, Bishop Bohdan J. Danylo at the Pokrova Ukrainian Catholic Church in Parma, OH. The theme, based on the Gospel of John 15:13 (NRSVCE), was focused on "Our Lord's Gift to Us: His Very Self." The retreat, planned by the Eparchial Youth Committee (EYC) under the direction of Fr. Lubomir Zhybak, Director of the EYC and pastor of Holy Trinity Ukrainian Catholic Church in Youngstown, OH and St. Anne Ukrainian Catholic Church in Austintown, OH and coordinated by Deacon Myron Spak from Holy Trinity Ukrainian Catholic Church in Carnegie, PA provided an opportunity for the youth to pray, reflect, meet others, and take time to focus on their Lenten spiritual journey to Pascha. This year's retreat was held for the first time at the Pokrova Parish in Parma – the new place for the annual retreat – after it was moved from St. Anne Parish in Austintown, OH where it was previously held for many years.

The retreat began with a service project. Under the supervision of Deacon Andriy Harmatiy from St. Andrew Ukrainian Catholic Church in Parma, OH who is also an EYC member, the youth prepared a warm breakfast (sausages, pancakes, waffles) and a full lunch (chicken, rice, and garden salad) in the Pokrova Church hall kitchen. The lunches were packaged and delivered to the West Side Catholic Center (Cleveland, OH) to be distributed among the poor of the inner city.

The keynote presentation (divided into 2 sessions) was delivered by Mr. Sean McLaughlin, Safe Environment Coordinator and Development Director at the Ukrainian Catholic Archeparchy of Philadelphia. The theme of the presentations, "Our Lord's Gift to Us: His Very Self", resonated with the youth, especially in the context of the world in which the sovereignty of Ukraine – a native land of some of the attending retreatants that is currently threatened by the Russian aggression; those present at the retreat were asked to keep especially in their prayers all those suffering in Ukraine. Some of the questions that Mr. McLaughlin reflected over with the retreatants during his presentation were: "What is love?"

(con't)

“What does it mean to love someone?” “What does Jesus’ gift of Himself make possible?” “How does God ask us to respond to His love?” “Where do we see God’s love at work in the world?”

In between the two sessions of the keynote presentation, the retreatants participated in a fun and engaging game called “Escape Room,” supervised and coordinated by the youth leaders and chaperones. Following the 2<sup>nd</sup> session of the presentation, the youth participated in a Vespers service, presided over by Bishop Bohdan J. Danylo and assisted by Deacon Biagio Oriti from St. Andrew Ukrainian Catholic Church in Parma, OH. The responses, led by Mr. Michael Spak, an EYC member and a parishioner of St. George Ukrainian Catholic Church in Pittsburgh, PA, were sung by the youth.

The youth also had an opportunity to participate in the Mystery of Repentance. Mr. Sean McLaughlin assisted the retreatants in focusing and preparing their hearts for confession with an examination of conscience in which he focused on replacing vices with virtues.

After confessions, a clergy “Question and Answer” session was provided. Fr. Lubomir Zhybak, Deacon Myron Spak, Deacon Andriy Harmatiy, and Mr. Sean McLaughlin tackled some questions submitted by the youth and the discussion was met with humor, candor, and catechetical lessons. The session provided an educational, fun, and engaging opportunity for the youth to ask questions to deepen the understanding and knowledge of their faith.

Many helped to make the youth retreat a wonderful, joyful, and uplifting experience. Besides Bishop Bohdan J. Danylo who led the retreat, special thanks go to Fr. Lubomir Zhybak, Deacon Myron Spak who coordinated the retreat as well as his wife Barbara, Fr. Mykhaylo Drozdovskyy, pastor of the Pokrova Church, and his parishioners, Deacon Andriy Harmatiy, Mr. Sean McLaughlin for being the main speaker, Mr. Michael Levy, an EYC member and a parishioner St. Andrew Ukrainian Catholic Church in Parma, OH, Mr. Joseph Levy, an EYC member and a parishioner of St. Andrew Ukrainian Catholic Church in Parma, OH, Ms. Olena Korendii, an EYC member and a parishioner of the Pokrova Church, Deacon Biagio Oriti and his wife Anna from St. Andrew Ukrainian Catholic Church in Parma, OH, Mr. Michael Spak and his fiancée Ms. Belinda Flores, parishioners of St. George Ukrainian Catholic Church in Pittsburgh, PA, and Mr. Zarek Headrick who currently attends St. Josaphat Ukrainian Catholic Cathedral in Parma, OH for all of their help with the retreat.

The 2023 youth Lock-In Retreat was a wonderful, prayerful, and engaging event whereby everyone present experienced the love of the Lord and were able to share this Christian love with one another. The next eparchial youth Lock-In Retreat is planned for March 2-3, 2024, at the Pokrova Ukrainian Catholic Church in Parma, OH.

*Ukrainian Catholic Eparchy of St. Josaphat in Parma*

## **2023 Easter Luncheon**

Parishioners from both St. Anne and Holy Trinity Churches are cordially invited to attend this year’s Easter Luncheon!

**Date:** Sunday, April 16, 2023

**Time:** 1:00pm

**Place:** St. Anne Church Social Hall

All donations for this year’s luncheon are *free will*.

The luncheon includes: traditional Easter foods along with stuffed cabbage, chicken, salad, and cake - all provided by Elmtree Catering.

Reservations are required and the deadline for reservations is Easter Sunday - April 9, 2023.

To reserve your seat, contact **John Terlesky** at **330-755-4303**.

A sign-up sheet is also available at St. Anne Church.

**Note:** Due to this event, there will be one Divine Liturgy (at St. Anne Church) on Sunday, April 16th at 11:00am.

**Thank you!**

## **WINE TASTE and DINNER**

*Benefits Emily Wirtz*

**NOVEMBER 11<sup>TH</sup>, 2023**

Music by Jim Gill

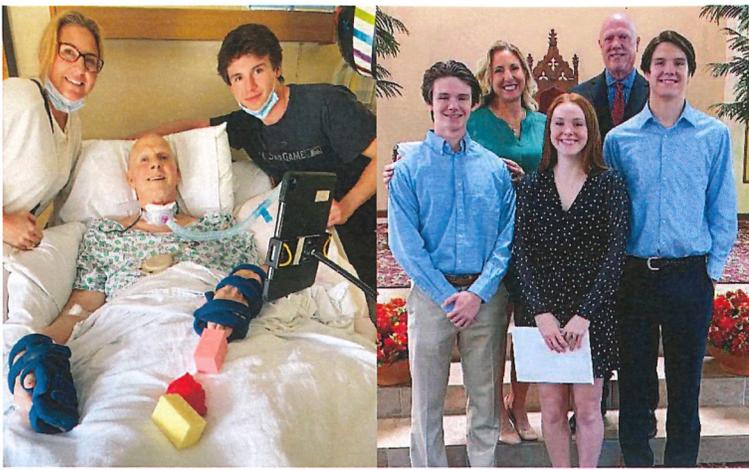
**St. Anne’s**

Corner of Kirk and Raccoon

Doors open at 6:00

Cost

\$35.00 for 1 & \$60.00 A couple



# Kevin Murphy Benefit Golf Open

Sunday, August 13<sup>th</sup>, 2023  
8:00 AM Shotgun Start  
4-person scramble

Sponsored by  
**President Charity Foundation**

**Olde Dutch Mill Golf Course**  
2745 Grandview Rd.  
Lake Milton, OH 44429  
330-654-4100

*Edited for space.*

Kevin M. Murphy has been a devoted and practicing Catholic all his life. He served his beloved parish of St. Columba cathedral as an active member, serving on parish council for several terms, CCD teacher and helping with many fundraising events. He has been the faith filled leader of his family, encouraging his wife to join him in teaching CCD and mentoring his sons' in becoming altar servers. He has been a dedicated, hands on, hard-working husband and father of three with his wife Theresa until he contracted COVID-19 in January of 2021.

The virus devastated his lungs. Through the miracle of organ donation his life was saved on February 13, 2021, after undergoing a grueling double lung transplant at The Ohio State University Medical Center.

Despite having this life saving surgery he endured several devastating complications that have required him to be hospitalized for the last 2 years. Due to the complexity of his very serious multiple medical issues and the need for medical care that only the transplant center at OSU can provide, he has remained far away from his family in Youngstown for the greater part of two years.

The need for continued high level medical care, physical therapy and occupational therapy will be on going as he hopes to regain the ability to walk, write and most importantly return to his family and home.

The mounting medical costs combined with the loss of family income has become a significant and limiting factor in providing Kevin the best medical care and family support that can give him the chance to get home one day.

The Murphys are touched and grateful for any support received, as this will allow Kevin to continue his fight to get home one day soon.

## MEDWISH Donations Needed

Thank you to everyone who has expressed an interest in donating supplies in support of the crisis in Ukraine.

We have heard from several organizations who are providing aid to Ukraine and the surrounding areas and they've requested the following supplies:

### SPECIALTY SUPPLIES

- Portable defibrillators
- Pulse oximetry
- X-ray transparent stretchers/gurneys
- Portable ventilators
- Vacuum splints
- External fixation device
- Wound vacs supplies and machines (sets)
- **Hemostatic agents (In High Demand)**
- Sutures
- Foley catheters
- Portable ultrasound
- C Collars

### PPE/FIRST AID

- Individual first aid kits
- Hydrogel dressings
- Alcohol wipes
- Sterile gauze
- Gloves (non-latex)
- BP machines (Battery operated)
- Surgical tape

### BASIC NEEDS

- Toothbrushes
- Toothpaste
- Pediatric formula
- Pediatric diapers
- Backpacks (medical/military)
- Soap
- Shampoo
- Deodorant
- Neosporin
- Sleeping bags
- Baby/cleansing wipes
- Crutches
- Walkers
- Orthopedic braces (knee/ankle/wrist)

MedWish will receive donations during regular business hours.

**Tuesday-Friday 8:30AM-4:30PM**

\*Financial contributions to support our operations can be made online at [www.medwish.org/donate](http://www.medwish.org/donate).



# Change a Life.

BECOME A SPONSOR

## SPONSORS PROVIDE

- signatures on an I-134
- housing and transportation
- access to food, basic needs, and benefits
- supports the transition to independence
- assist with school enrollment, healthcare, etc.
- help to identify employment opportunities
- community and hospitality

## REASONS TO SPONSOR

- save lives
- one-on-one personal matching with the aid of an experienced NA4U Sponsor Coordinator
- no legal liability for signing the I-134
- expedited access to work authorizations and state benefits like healthcare and food assistance
- NA4U's partnership with SP4U (Safe Passage for Ukraine) to provide free flights for women and children

*"Last week, my daughter and I flew to America. We found our sponsor thanks to your group, and we are sincerely grateful to everyone that supported us on this difficult path."*

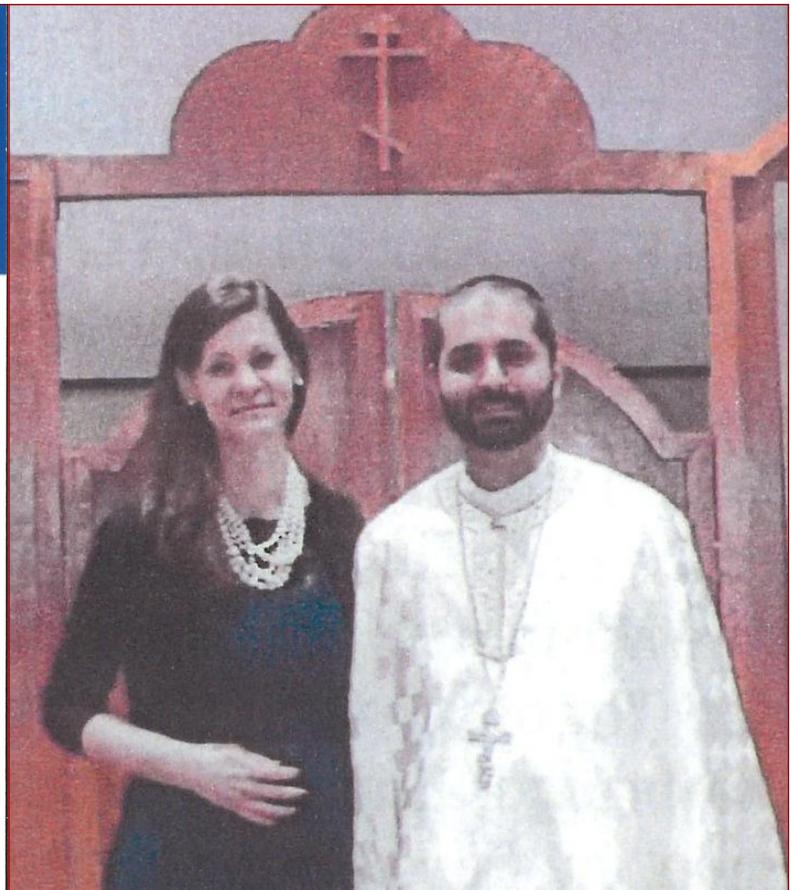
*-Elena T.*

## MISSION STATEMENT

North America for Ukraine (NA4U) is bridging the gap for resettlement support in the United States and Canada. NA4U is working to provide assistance with the immigration process, sponsor and host matching, and resources. Our goal is to support Ukrainians and sponsors through the entire process of resettlement.

Facebook: North America for Ukraine  
Instagram: @northamericaforukraine

Email: info@NA4Ukraine.org  
Website: na4ukraine.org



### Saints Peter and Paul Ukrainian Catholic Church

404 6th Street

Ambridge, Pennsylvania

**3-Day Lenten Mission - March 20-22, 2023**

### *The Holy Eucharist: The Medicine of Immortality*

Presented by Rev. Joseph Matlak and Mrs. Katie Matlak

Monday, Tuesday, and Wednesday:

\*Eucharist Akafist each evening at 6pm

\*Confessions each evening before and after service

\*Monday and Tuesday:

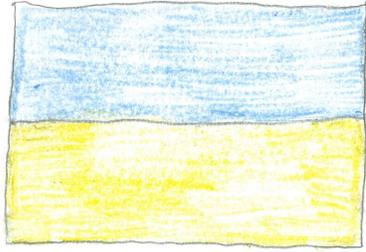
religious articles for sale in Millennium Room

\*Wednesday evening

light social after closing service in Millennium Room

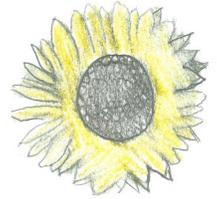
### **Society of St. Vincent de Paul Collection**

Both Holy Trinity and St. Anne Churches are continuing to take collections for the Society of St. Vincent de Paul's soup kitchen. Bins with appropriate signage are located near the atriums of each church. While all items are acceptable and appreciated, high-use items sought by the kitchen are *canned vegetables, instant mashed potatoes, peanut butter, grape jelly, and crackers of any type*. This collection will continue indefinitely. For those with questions or seeking more information, collection representatives at Holy Trinity Church are **Tyler McBride** and **Jonie Bodak** while **Brian Chadwick** and **Michael Jordon** are leading the drive at St. Anne Church.



♡ Молитви за Україну ♡

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Молимося за вас і всіх українців. Знайте, що ви не самотні, і нехай Бог буде з вами.



Sts. Peter & Paul - "BEST BINGO IN TOWN"  
1025 N Belle Vista Ave, Youngstown OH



In addition to our Monday Bingo we will also have



**BINGO**



**FOR UKRAINE**

**EVERY WEDNESDAY IN MARCH**

Great Prizes

Food Music

New LED Lights Installed

**at 6:45 – COME JOIN US FOR THE GAME**

All profit from Wed Bingos will go for the Humanitarian Aid for Ukraine

**МОЛІТЬСЯ ЗА УКРАЇНУ!**

**PRAY FOR UKRAINE!**

The League of Ukrainian Catholics

Ukrainian Catholic Bishops of the US



**Reflections for Great Lent**

Online Spiritual Retreat  
Sunday, March 19<sup>th</sup>, 2023  
4:00 pm EST

- \* **Hope:** Understanding To What God Has Called Us
- \* **Forgiveness as The First Step:** Healing Wounds & Trauma
- \* **Love Instead of Fear:** Attention To The Poor and Marginalized
- \* **Joy & The Gift of Family:** Nurturing the Domestic Church

Register at [LeagueofUkrainianCatholics.org](http://LeagueofUkrainianCatholics.org)



# UNITING FOR UKRAINE WELCOME CIRCLES

In response to the war in Ukraine, the US Government has created the Uniting for Ukraine (U4U) program. This pathway allows individual US residents to support displaced Ukrainians to come to the US and receive two years of humanitarian parole, which means they can live and work in the US for up to two years.

## UKRAINIANS NEED YOUR HELP!

USCCB's Department of Migration and Refugee Services is launching a new initiative to support Ukrainians -- **Welcome Circles**.

Across the country, we hope to see Catholic parishes, other houses of worship, and local organizations meet the needs of displaced Ukrainians through collective action.

Welcome Circles are groups of 5 or more adults who agree to financially support Ukrainians through the U4U program and to help them navigate their new community in the US.

### FOR MORE INFORMATION, VISIT:

- <https://www.uscis.gov/ukraine>
- <https://ukraine.welcome.us>
- <https://www.sponsorcircles.org/program>

### READY TO TAKE THE NEXT STEP?

[Skmurphy@ccdoble.org](mailto:Skmurphy@ccdoble.org)

*Edited for space.*

## FASTING & ABSTINENCE REGULATIONS FOR THE UKRAINIAN CATHOLIC CHURCH IN THE UNITED STATES OF AMERICA

In accordance with statute 403 of *The Statutes of the Ukrainian Catholic Eparchy of St. Josaphat in Parma*, "As each Christian is called to ongoing repentance and amendment of life, the ancient practice of fasting is to be maintained. All those from 14 to 59 years of age, inclusively, must abstain from meat on Holy Saturday and each and every Friday of Lent (the Great Fast), as well as Christmas Eve, December 24 and Theophany Eve, January 5. These faithful must also abstain from meat and all dairy food (including milk, eggs, cheese, etc.) on the first day of the Great Fast (the Monday which follows Cheesefare Sunday) and on Holy and Great Friday. Pregnant and nursing mothers, the ill and infirm, those who work at hard physical labor and the very poor are excused" (statute 403, *The Statutes of the Ukrainian Catholic Eparchy of St. Josaphat in Parma*, 19 August 1994). The statute continues: "The eparch can dispense all the faithful of the eparchy as well as any individuals for a good reason from any of these fasting prescriptions. A pastor may also dispense individual parishioners for a good reason. He cannot, however, dispense the entire parish" (ibid.). Moreover, according the article 472 of the 1999 *Pastoral Guide of the Ukrainian Catholic Church in the United States of America* (the guide that "supplements the Statutes of the Eparchy of St. Josaphat in Parma" in our eparchy (see article 4 of the *Pastoral Guide*); the guide's revised version is forthcoming), "[t]he periods of penitence and their respective duration are:

- Great Lent, extending from the Monday after Cheesefare Sunday to the Saturday of Lazarus. And Great and Holy Week, extending from Great Monday to Great and Holy Saturday inclusively.
- The preparation for the Birth of Jesus Christ in the Flesh (*Pylypivka*) begins on the day..." after "... the feast of St. Philip (November 15), and lasts until the Eve of the Nativity of Christ (December 24) inclusively.
- The Apostles' Fast (*[P]etrivka*) extends from the Monday following the Sunday of All Saints, and continues through to the day preceding the Feast of SS. Peter and Paul (June 28), inclusively.
- The Dormition Fast (*Spasivka*) begins on August [1] and lasts until the eve of the Dormition of the Blessed Virgin Mary (August 14), inclusively"

(article 472, *Pastoral Guide of the Ukrainian Catholic Church in the United States of America* (Philadelphia, PA, 1999)).

Furthermore, the "[g]eneral rules governing abstinence [are]:

- Meat is to be understood as including not only the flesh but also those parts of warm-blooded animals that cannot be melted down, e.g., the liver, lungs, blood, graves, etc. Although it is not the authentic practice of the Tradition[,] the meat of fish and crustaceans may be eaten, as well of those mammals, that live constantly in water, as, e.g., whales.
- Dairy Products are to be understood as comprising products derived from mammals and birds, but not regarded as meat, e.g., cheese, lard, butter, milk, and its by-products, eggs, etc.
- Fats of plant origin, e.g., those derived from olives, coconuts, seeds of the sunflower and of the pumpkin, may be used.
- Voluntary penance, prayers for the intentions of the hierarchs of the Church, Bishop of Rome, the Major Archbishop, the Metropolitan, and the Eparchial Bishop; voluntary offerings to the Church, the seminaries, the Church in Ukraine, self-denial of alcohol, smoking, attendance at entertainment, etc., may be supplementary only with permission of a confessor. Bread and water alone [are] a good fast.
- Priests who possess a pastoral assignment are empowered to grant dispensations or relaxation from the laws of abstinence to individual persons as well as to individual families.

The following are exempt from abstinence:

- (1) the poor who live on alms;
- (2) sick and frail persons;
- (3) convalescents who are returning to their strength;
- (4) pregnant women, and mothers who are nursing their children;
- (5) persons who perform hard labor;
- (6) children who have not completed their seventh [currently, fourteenth] year of age;
- (7) [p]ersons have completed their 59th year of age" with permission of their pastor or confessor"

[the clause "with permission of their pastor or confessor" is no longer valid... it could have been an original error, too...]

(article 474, *Pastoral Guide of the Ukrainian Catholic Church in the United States of America* (Philadelphia, PA, 1999)).

\*Furthermore, in accordance with article 475 of the *Pastoral Guide*, "In virtue of rules enacted by the Synod of Bishops under the presidency of the Major Archbishop in 1969 the following rules of abstinence oblige in the United States:

\*Abstinence from meat on all Fridays of the year except those which occur in privileged weeks and on holydays of Our Lord and of the Mother of God.

\*Abstinence from meat and all dairy products on the first day of the Great Fast (Lent) and on Good Friday.

\*Abstinence from meat, in addition to eating only one full meal and a smaller snack, milk products being permitted in accordance with local custom: on Christmas Eve, Epiphany Eve, Exaltation of the Holy Cross (September 14) and Beheading of St. John the Baptist (August 29).

\*During the Great Fast, the faithful may also maintain the tradition of abstaining from meat on Wednesdays" (ibid., article 475).

# PLEASE HELP UKRAINE!

## БУДЬ-ЛАСКА, ДОПОМОЖІТЬ УКРАЇНІ!

**\*\*\*PLEASE HELP US SPREAD THE WORD\*\*\***

**\*\*\*PLEASE SHARE THIS INFO WITH OTHER PEOPLE\*\*\***

**\*\*\*THANK YOU VERY MUCH\*\*\***

Here are a couple of ways of how you could help the People of Ukraine. First of all, through daily PRAYER. Secondly, you can HELP FINANCIALLY THROUGH DONATIONS by USING ONE OR BOTH OF THE OPTIONS below.

### **OPTION 1**

You can make your **donations to the Humanitarian Aid Fund** for Ukraine **online** via the website of the Ukrainian Catholic Eparchy of St. Josaphat in Parma at <http://stjosaphateparchy.com/support-ukraine/> (once on the webpage, please scroll down and click the Donate button (PayPal)).

If you would like to donate **by check**, please send your donations to the following address (please write out your checks to St. Josaphat Eparchy indicating clearly on the check that the donation is for the Humanitarian Aid Fund):

Ukrainian Catholic Eparchy of St. Josaphat in Parma  
Humanitarian Aid Fund  
5720 State Rd.  
P.O. Box 347180  
Parma, Ohio 44134

### **OPTION 2**

You can also send your **donations to help Ukraine's Armed Forces** through the National Bank of Ukraine, which would be greatly appreciated. This can be done **online** or through an international wire transfer via a local U.S. bank. All the info at the following official link:

<https://bank.gov.ua/en/news/all/natsionalniy-bank-vidkriv-spetsrahunok-dlya-zboru-koshtiv-na-potrebi-armiyi>

Here are the bank requisites base on the aforementioned link of the National Bank of Ukraine for making an **international wire transfer** via a local U.S. bank (in this case, a person would need to got o his/her bank and do it personally there on location):

**BENEFICIARY: National Bank of Ukraine**

**BENEFICIARY ACCOUNT NUMBER: 4330992708**

**BENEFICIARY BIC: NBUA UA UX**

**BENEFICIARY ADDRESS: 9 Instytutska St., Kyiv, 01601, Ukraine**

**INTERMEDIARY BANK NAME: JP MORGAN CHASE BANK, New York**

**INTERMEDIARY BANK ACCOUNT NUMBER: 80490258**

**INTERMEDIARY BANK BIC: CHASUS33**

**ABA: 0210 0002 1**

**INTERMEDIARY BANK ADDRESS: 383 Madison Ave, New York, NY 10017, USA**

**PURPOSE OF PAYMENT: for crediting account 47330992708**

**THANK YOU VERY MUCH FOR YOUR SUPPORT OF UKRAINE! MAY OUR GOOD LORD REWARD YOU AND MAY HE BLESS UKRAINE, THE UNITED STATES, AND THE REST OF THE WORLD!**

For more information, please feel free to contact the parish office of Holy Trinity Ukrainian Catholic Church (Youngstown, Ohio) and St. Anne Ukrainian Catholic Church (Austintown, Ohio) at 330-744-5820/[yngholytrinity@att.net](mailto:yngholytrinity@att.net)

# Prayer Corner

**+ In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.**

Most Holy Trinity: Father, Son, and Holy Spirit, we adore You, we praise You, we worship You, and we love You! We thank You for Your gift of life to us! We thank You for the overabundance of blessings that You bestow on us every day! You became man, suffered, and died on the cross for our salvation and we thank You for this gift of redemption that we received from You! We humbly ask You during this holy time of Lent to help us to love You wholeheartedly and to love our neighbors as we love ourselves. We ask You to continue to bless us and to help us to be Your authentic adopted children. We ask You to have mercy on us, to cleanse us of our sins, and to fill our hearts with Your life-giving grace. In Your immense kindness, please heed these petitions that we present to You:

- for the end of the war in Ukraine, for all died during it, for the loved ones they left behind as well as for the enlightenment and conversion of the hearts and minds of Ukraine's aggressors, so that a sincere and truthful dialogue may lead to an authentic and lasting peace and reconciliation, we pray to You, O Lord! Lord, have mercy!
- for the end of all abortions in the world, for all the aborted and miscarried babies, for the healing of those who committed or assisted with abortions, for the conversion of all who are planning to commit abortions as well as for all the unborn babies in the world and their parents, we pray to You, O Lord! Lord, have mercy!
- for the end of the child slavery, child abuse, domestic abuse, prostitution, and human trafficking in the world, for all the victims both living and deceased as well as for the conversion of all who perpetrate these grave and heinous sins, we pray to You, O Lord! Lord, have mercy!
- for the vocations to the diaconate, sacred priesthood, and religious life, we pray to You, O Lord! Lord, have mercy!
- for the conversion to the true faith of all people in the world, who did not embrace the light of the Triune God yet, we pray to You, O Lord! Lord, have mercy!
- for the conversion of all sinners in the world, we pray to You, O Lord! Lord, have mercy!
- for the consolation of all persecuted Christians in the world, especially the ones in Asia, Middle East, and Africa and for the conversion of hearts and minds of those, who persecute them, we pray to You, O Lord! Lord, have mercy!
- for the end of all wars, conflicts, and violence in the world, especially for the establishment of the authentic and lasting peace, we pray to You, O Lord! Lord, have mercy!
- for all the refugees, the poor, the hungry, the orphans, the half-orphans, and the homeless throughout the world – especially those who are children – we pray to You, O Lord! Lord, have mercy!
- for all prisoners in the world, especially the ones on death row, we pray to You, O Lord! Lord, have mercy!
- for the liberation of all people in the world who are addicted to drugs, alcohol, smoking, and pornography, we pray to You, O Lord! Lord, have mercy!
- for the conversion of all people in the world, who have difficulty telling the truth and acting truthfully, we pray to You, O Lord! Lord, have mercy!
- for all people in the world, who are hopeless as well as those, who contemplate suicide, that their hearts may be filled with hope, we pray to You, O Lord! Lord, have mercy!
- for all widows and widowers in the world, we pray to You, O Lord! Lord, have mercy!
- for the healing of all sick people in the world, especially for the ones infected with the coronavirus, for the protection against it, for all people who are on the front lines in the fight against it, for all people who are working in public places, for the repose of the souls of all, who died from the virus as well as for the loved ones they left behind, we pray to You, O Lord! Lord, have mercy!
- for all unemployed people in the world and their families that they may find work soon, we pray to You, O Lord! Lord, have mercy!
- for all faithful of the Catholic Church, especially all members of St. Josaphat Eparchy, as well as for all our families, relatives, friends, and acquaintances, we pray to You, O Lord! Lord, have mercy!
- for the deliverance of all souls from the Purgatory, we pray to You, O Lord! Lord, have mercy!

Most Holy Trinity: Father, Son, and Holy Spirit, we humbly ask You to grant all of these petitions in accordance with Your most holy will through the intercession of the Most Holy Theotokos and all the Holy Angels and Saints, and may You be praised forever and ever! Amen.

**+ In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.**

Composed by Fr. Lubomir Zhybak in 2020 and revised on February 28, 2023.

Image: photo of the stained-glass window of Jesus Christ in the Garden of Gethsemane at Holy Trinity Ukrainian Catholic Church in Youngstown, OH (2021).